

Des Moines Diocesan Council of Catholic Women  
Presents

# Being Joyful Women

Saturday, April 6, 2019  
8:30 AM - 3:00 PM  
St. Patrick's Hall  
4 Valley View, Council Bluffs, IA

*Grab a friend and register today!*

Event includes shopping, continental breakfast, and lunch

Cost: \$25 by March 27 - \$30 at the door

**NOTE: Donations accepted** - baby blankets, diapers, clothing for Birthright and Gabriel's Corner. Shoebox Project toiletries and twin sheets for domestic abuse shelters.

**For more information, contact**  
Carolyn Smith - 712-527-4206  
csmith55386@mchsi.com



**Lynnette Otero**

Is a speaker, the author of *Feeling Joy Again*, and operator of her Health and Wellness Consulting business. The mother of five, she and her family live life to the fullest, expectant of great tomorrows.



**Lisa Schmidt**

Is devoted to improving quality of life for others and has a heart for building community. She is a freelance writer, speaker, and founder of The Well Woman's ministry.

CUT OFF

**EVENT REGISTRATION** - Please fill out form, cut off, and mail in by March 27.

**Make checks payable to:** Des Moines DCCW Cost: \$25 per person or \$10 - Students

**Mail to:** Sandy Wingert, 1308 16th St., Harlan, IA 51537 or PayPal at [desmoinesdccw.org](http://desmoinesdccw.org)

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Friend's Name(s): \_\_\_\_\_ \$25 x \_\_\_\_\_ = \_\_\_\_\_  
# OF PEOPLE TOTAL COST

